

CB-BK WE1 2026: Session: 6: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 12:30 untill 13:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Janart Michaël

Coaches: Dewulf Bart

Coaches: Duck Chantal

Coaches: Marquillie Martine HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:5, starttime: 14:43
Heat: 5/20 Lane : 1 Athlete: VERVENNE LOUISA					Q-time: 02:49:23
PB (50m pool): 02:55.38 Lago Kortrijk Weide 03/05/2026 PB (25m pool): 02:49.23 SB: 02:55.38 Lago Kortrijk Weide 03/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.65	01:23.39	02:15.90	02:55.38	
	00:38.65	00:44.74	00:52.51	00:39.48	
					

Coach feedback:

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:5, starttime: 14:43
Heat: 5/20 Lane : 6 Athlete: DUMORTIER ELISE					Q-time: 02:48:37
PB (50m pool): 02:53.46 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 02:48.37 SB: 02:53.46 Zwembad Brigitte Becue 26/04/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.10	01:22.53	02:12.47	02:53.46	
	00:37.10	00:45.43	00:49.94	00:40.99	
					

Coach feedback:

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:8, starttime: 14:53
Heat: 8/20 Lane : 6 Athlete: ZEPHIRIN ASTRID					Q-time: 02:47:42
PB (50m pool): 02:52.74 Lago Kortrijk Weide 03/05/2026 PB (25m pool): 02:47.42 SB: 02:52.74 Lago Kortrijk Weide 03/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.73	01:23.27	02:15.12	02:52.74	
	00:37.73	00:45.54	00:51.85	00:37.62	
					

Coach feedback:

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Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:9, starttime: 14:57
Heat: 9/20 Lane : 5 Athlete: ROMBAUT CéLINE					Q-time: 02:46:27
PB (50m pool): 02:46.27 Antwerpen 08/03/2026			PB (25m pool): 02:39.16 SB: 02:46.27 Antwerpen 08/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.09	01:20.33	02:07.63	02:46.27	
	00:36.09	00:44.24	00:47.30	00:38.64	
					

Coach feedback:

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:10, starttime: 15:00
Heat: 10/20 Lane : 4 Athlete: LEMAHIEU LIESE					Q-time: 02:45:35
PB (50m pool): 02:52.92 Brugge 01/02/2026			PB (25m pool): 02:45.35 SB: 02:52.92 Brugge 01/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.03	01:28.12	02:13.64	02:52.92	
	00:40.03	00:48.09	00:45.52	00:39.28	
					

Coach feedback:

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:11, starttime: 15:03
Heat: 11/20 Lane : 2 Athlete: DECUPERE LAURENCE					Q-time: 02:44:83
PB (50m pool): 02:44.83 Antwerpen 08/03/2026			PB (25m pool): 02:40.30 SB: 02:44.83 Antwerpen 08/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.28	01:17.26	02:08.12	02:44.83	
	00:35.28	00:41.98	00:50.86	00:36.71	
					

Coach feedback:

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:11, starttime: 15:03
Heat: 11/20 Lane : 8 Athlete: SPILLEBEEN JUTTA					Q-time: 02:45:25
PB (50m pool): 02:45.25 Lago Kortrijk Weide 03/05/2026			PB (25m pool): 02:41.24 SB: 02:45.25 Lago Kortrijk Weide 03/05/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.09	01:20.59	02:09.29	02:45.25	
	00:34.09	00:46.50	00:48.70	00:35.96	
					

Coach feedback:

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Event number: 42: 200M BUTTERFLY MEN 13-14					Heat:3, starttime: 15:42
Heat: 3/3 Lane : 5 Athlete: PICEU SEPPE					Q-time: 02:27:02
PB (50m pool): 02:27.02 Kortrijk 26/12/2025			PB (25m pool): 02:25.12 SB: 02:27.02 Kortrijk 26/12/2025		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.43	01:08.88	01:47.93	02:27.02	
	00:31.43	00:37.45	00:39.05	00:39.09	
					

Coach feedback:

Event number: 44: 100M BREASTSTROKE MEN 11-12					Heat:11, starttime: 16:48
Heat: 11/11 Lane : 6 Athlete: GOEMAERE CYRIEL					Q-time: 01:23:49
PB (50m pool): 01:23.49 Lago Kortrijk Weide 03/05/2026			PB (25m pool): 01:22.49 SB: 01:23.49 Lago Kortrijk Weide 03/05/2026		
	5 0 M	1 0 0 M			
PB	00:38.73	01:23.49			
	00:38.73	00:44.76			
					

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14					Heat:1, starttime: 16:51
Heat: 1/16 Lane : 5 Athlete: DUMORTIER ELISE					Q-time: 01:07:79
PB (50m pool): 01:10.47 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 01:07.79 SB: 01:10.47 Zwembad Brigitte Becue 26/04/2026		
	5 0 M	1 0 0 M			
PB	00:34.15	01:10.47			
	00:34.15	00:36.32			
					

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14					Heat:2, starttime: 16:52
Heat: 2/16 Lane : 1 Athlete: ZEPHIRIN ASTRID					Q-time: 01:07:60
PB (50m pool): 01:09.85 Antwerpen 15/03/2026			PB (25m pool): 01:07.60 SB: 01:09.85 Antwerpen 15/03/2026		
	5 0 M	1 0 0 M			
PB	00:33.60	01:09.85			
	00:33.60	00:36.25			
					

Coach feedback:

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Event number: 45: 100M FREESTYLE WOMEN 13-14							Heat:3, starttime: 16:54		
Heat: 3/16 Lane : 8 Athlete: VERVENNE LOUISA							Q-time: 01:07:15		
PB (50m pool): 01:07.15 Brugge 01/02/2026							PB (25m pool): 01:10.37 SB: 01:07.15 Brugge 01/02/2026		
	5 0 M		1 0 0 M						
PB	00:32.77		01:07.15						
	00:32.77		00:34.38						
									

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14							Heat:8, starttime: 17:02		
Heat: 8/16 Lane : 6 Athlete: SPILLEBEEN JUTTA							Q-time: 01:05:60		
PB (50m pool): 01:05.60 Antwerpen 20/07/2025							PB (25m pool): 01:06.65SB: 01:06.08 Brugge 01/02/2026		
	5 0 M		1 0 0 M						
PB	00:32.30		01:05.60						
	00:32.30		00:33.30						
									

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14							Heat:9, starttime: 17:03		
Heat: 9/16 Lane : 4 Athlete: DECUPERE LAURENCE							Q-time: 01:05:22		
PB (50m pool): 01:05.22 Antwerpen 08/03/2026							PB (25m pool): 01:04.25SB: 01:05.22 Antwerpen 08/03/2026		
	5 0 M		1 0 0 M						
PB	00:31.62		01:05.22						
	00:31.62		00:33.60						
									

Coach feedback:

Event number: 47: 4x100M FREESTYLE MEN 13-14							Heat:2, starttime: 17:55	
Heat: 2/2 Lane : 7 Athlete: TEAM KZK 5							Q-time: 04:14:40	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

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Event number: 48: 4x100M MEDLEY WOMEN 13-14							Heat:2, starttime: 18:06	
Heat: 2/3 Lane : 1 Athlete: TEAM KZK 6							Q-time: 05:05:57	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: